

Rozpis ľadovej plochy na sezónu 2019/2020

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|----|-------------|-------------|-------------|---------------------|---------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| PO | 6:00 - 6:45 | 6:45 - 7:45 | 8:00 - 9:00 | 9:00 - 10:00 | 10:15 - 11:45 | 12:00 - 13:00 | 13:15 - 14:15 | 14:30 - 15:30 | 15:45 - 16:45 | 17:00 - 18:00 | 18:15 - 19:30 | 19:45 - 20:45 | 21:00 - 22:00 |
| | | 8 HT | 7 HT | | Korčuliarsky výcvik | 3,4 HT | 5 HT | 6 HT | Brankári | Kadeti | Muži | | |
| UT | 6:00 - 6:45 | 6:45 - 7:45 | 7:55 - 8:55 | 9:05 - 10:05 | 10:15 - 11:45 | 12:00 - 13:00 | 13:15 - 14:15 | 14:30 - 15:30 | 15:45 - 17:00 | 17:15 - 18:15 | 18:30 - 19:30 | 19:45 - 20:45 | 21:00 - 22:00 |
| | | Dorast | Kadeti | 8 HT | Korčuliarsky výcvik | 5 HT | 6 HT | 7 HT | Dorast | 1,2,3 HT | Muži | | |
| ST | 6:00 - 6:45 | 6:15 - 7:15 | 8:00 - 9:00 | 9:00 - 10:00 | 10:15 - 11:45 | 12:00 - 13:00 | 13:00 - 14:00 | 14:15 - 15:30 | 15:45 - 16:45 | 17:00 - 18:00 | 18:15 - 19:30 | 19:45 - 20:45 | 21:00 - 22:00 |
| | | Kadeti | 6 HT | Muži + Ind. tréning | Korčuliarsky výcvik | | 3,4 HT | 7 HT | 8 HT | Kadeti | Dorast | | |
| ŠT | 6:00 - 6:45 | 6:30 - 7:30 | 7:55 - 8:55 | 9:05 - 10:05 | 10:15 - 11:45 | 12:00 - 13:00 | 13:15 - 14:15 | 14:30 - 15:30 | 15:45 - 17:00 | 17:15 - 18:15 | 18:30 - 19:30 | 19:45 - 20:45 | 21:00 - 22:00 |
| | | 6 HT | Dorast | 3,4 HT | Korčuliarsky výcvik | 5 HT | 7,8 HT | Kadeti | Dorast | 1,2,3 HT | Muži | | |
| PI | 6:00 - 6:45 | 6:45 - 7:45 | 8:00 - 9:00 | 9:00 - 10:00 | 10:15 - 11:45 | 12:00 - 13:00 | 13:15 - 14:15 | 14:30 - 15:45 | 16:00 - 17:00 | 17:15 - 18:15 | 18:30 - 19:30 | 19:45 - 20:45 | 21:00 - 22:00 |
| | | 7 HT | 3,4 HT | | Korčuliarsky výcvik | 5 HT | 6 HT | 8 HT | Kadeti | Dorast | Muži | | |

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|----|-------------|-------------|-----------------|-----------------|---------------|---------------|----------------------|---------------|---------------|---------------|
| SO | 6:00 - 7:00 | 7:15 - 8:30 | 9:00 - 11:00 | 11:30 - 13:30 | 14:00 - 15:00 | 15:15 - 16:15 | 16:30 - 18:00 | 18:30 - 19:30 | 19:45 - 20:45 | 21:00 - 22:00 |
| | | 3,4 HT | Zápas st. žiaci | Zápas st. žiaci | Zápas Dorast | Zápas Dorast | Zápas Muži | Zápas Muži | | |
| | | Kadeti | Zápas ml. žiaci | Zápas ml. žiaci | Kadeti | | Verejné korčuľovanie | | | |

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|----|-------------|-------------|-------------|---------------|---------------|---------------|---------------|---------------|----------------------|---------------|---------------|
| NE | 6:00 - 7:00 | 7:30 - 8:30 | 8:45 - 9:45 | 10:30 - 11:30 | 11:30 - 12:30 | 13:00 - 14:00 | 14:00 - 15:00 | 15:15 - 16:15 | 16:30 - 18:00 | 18:30 - 19:30 | 19:45 - 20:45 |
| | | | 1,2 HT | Zápas Dorast | Zápas Dorast | Zápas Kadeti | Zápas Kadeti | | Verejné korčuľovanie | | |
| | | | | 3 HT | | | | | | | |

Telocvičňa: Komenského

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|----------|---------------|--------|---------------|------|
| Pondelok | 16:00 - 17:00 | 1,2 HT | | |
| Utorok | 13:30 - 14:30 | 3 HT | 14:30 - 15:30 | 4 HT |
| Streda | 13:30 - 14:30 | 5 HT | 14:30 - 15:30 | 6 HT |
| Štvrok | 13:30 - 14:30 | 3 HT | 14:30 - 15:30 | 4 HT |
| Piatok | | | | |

Plaváreň:

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| Pondelok | 18:30 - 19:30 |
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